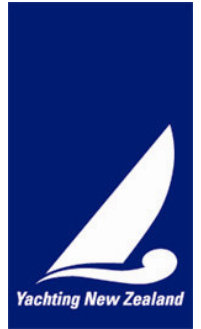




ROYAL NEW ZEALAND YACHT SQUADRON



**New Zealand
WOMEN'S
MATCH RACING
CHAMPIONSHIPS 2009**

**Royal New Zealand Yacht Squadron
Women's Match Racing Championships 2009
(Including the New Zealand Women's Match Racing Championships 2009)**

26 - 29 March 2009

ISAF Grade 3

The Organising Authority is the Royal New Zealand Yacht Squadron (RNZYS)
101 Curran Street Westhaven
P.O.Box 46 182 Herne Bay Auckland
Telephone 360 6800 Fax 360 6816 Email bdavies@rnzys.org.nz

SAILING INSTRUCTIONS

1.0 RULES

1.1 The event will be governed by

- (a) the 'rules' as defined in the Racing Rules of Sailing (2009 - 2012), including Appendix C.
- (b) the rules for the Handling of Boats (SI appendix C), which also apply to any practice sailing and sponsor races. Class rules will not apply.

1.2 Add RRS C8.6: 'When the match umpires, together with at least one other umpire, decide that a boat has broken RRS 14 and damage results, they may, without a hearing, impose a penalty of half of one point. A competitor who is so penalised will be informed as soon as practical and may request a hearing. The Protest Committee (PC) will then proceed in accordance with RRS C6.6. The penalty, if any, decided by the PC may be more than half of one point. When the umpires decide that a penalty greater than half of one point would be appropriate they shall act in accordance with RRS C8.4.'

1.3 Replace final sentence of C11.3 (a): 'When the Race Committee (RC) decide that a sail off is not practical, the tie shall be decided in favour of the competitor who has the highest score in the round robins after eliminating the score for the first race for each tied skipper or, should this fail to break the tie, the second race for each skipper and so on until the tie is broken. When a tie is partially resolved, C11.1 and/or C11.2 should be re-applied to the remaining ties.'

- 1.4 Change the first sentence of C11.1 to: 'A round-robin series means a grouping of competitors who are all scheduled to sail against each other one or more times.'
- 1.5 No penalty shall be taken on the leg between mark W and the offset mark if being used.
- 2.0 ENTRIES and ELIGIBILITY**
- 2.1 Only female skippers invited by the Organising Authority (OA) are eligible for the event. The skippers are listed in SI Appendix A.
- 2.2 To remain eligible the entire female crew shall complete registration, crew weighing and pay NZ\$1000 damage deposit, all between 0900hrs and 1800hrs Thursday 26 March 2009 unless extended by the OA.
- 2.3 The damage deposit is the limit of liability of each skipper for each incident. In the event that a deduction is made from the deposit, the skipper will be required to restore the deposit to the original value to maintain eligibility. Any remaining deposit after the event will be refunded within 10 days of the finish of the event.
- 2.4 Each skipper is responsible for the damage or loss to their boat unless responsibility is otherwise assigned by the umpires or PC.
- 2.5 After the warning signal for a match the registered skipper shall not leave the helm, except in an emergency.
- 2.6 When a registered skipper is unable to continue in the event, the OA may authorise an original crewmember to substitute.
- 2.7 When a registered crewmember is unable to continue in the event, the OA may authorise a substitute, a temporary substitute or other adjustment.
- 3.0 COMMUNICATIONS WITH COMPETITORS**
- 3.1 Notices to competitors will be posted on the official notice board at the foyer of the Western entrance of the Royal New Zealand Yacht Squadron.
- 3.2 Signals made ashore will be displayed from the main flagpole outside the RNZYS.
- 3.3 Skippers shall attend the first briefing at 1800hrs Thursday 26 March 2009 unless excused by the OA.
- 3.4 The first briefing with the umpires will be immediately after the first briefing.
- 3.5 Daily briefings will start at 0815hrs on each race day in the RNZYS Clubrooms.
- 4.0 AMENDMENTS TO SAILING INSTRUCTIONS**
- 4.1 Amendments to the Sailing Instructions made ashore will be posted by 0800 hrs on the day they are to take effect.
- 4.2 Flag L over the numeral pennant of the most recent amendment will be displayed ashore each day until the boats have departed for the race course.
- 4.3 Amendments made afloat will be signaled by the display of flag 3rd substitute with three sound signals. An umpire may communicate these either verbally or in writing.
- 5.0 BOATS AND SAILS**
- 5.1 (a) The event will be sailed in Elliott 6m's.

- (b) The sails to be used will be allocated by the OA.
- 5.2 Other restrictions or instructions may be given to the boats verbally by an umpire. Flag 3rd substitute is not required.
- 5.3 The RC will decide which boats are to be used for each round and when they decide that any boat should not be used, the skipper assigned that boat will be given the temporary use of another boat.
- 5.4 The OA may permit a substitute boat when it is satisfied that the original boat is damaged such that repairs in the time available are not practical.
- 6.0 IDENTIFICATION and ASSIGNMENT OF BOATS**
- 6.1 Boats will be identified by boat name and number.
- 6.2 Boats will be drawn each day at the daily morning briefing or at the beginning of each stage as decided by the RC.
- 6.3 Boats will be exchanged in accordance with the pairing list and race schedule.
- 7.0 CREW MEMBERS and NUMBERS**
- 7.1 The total number of crew, including the skipper, shall be 4 and shall be all female. All registered crew shall sail all races.
- 7.2 The total weight of the crew, including the skipper, dressed in at least shorts and shirts, shall not exceed 272 kg, determined at the time of registration or such time as required by the OA.
- 8.0 EVENT FORMAT AND STARTING SCHEDULES**
- 8.1 The event format is detailed in SI Appendix B. Match pairing lists will be provided at the daily morning briefings.
- 8.2 (a) In a knock-out series between two skippers they shall alternate assigned ends for each match.
Unless designated in the pairing list, the initial assigned ends shall be determined by a draw. (This is in addition to RRS C4.1)
- (b) When a knock-out series between two skippers has been decided, further matches between these two shall not be sailed.
- (c) Crews will exchange boats after the odd races for each series.
- 8.3 The racing days are scheduled as Friday 27 March 2009 - Sunday 29 March 2009.
- 8.4 The number of matches to be sailed each day will be determined by the RC.
- 8.5 (a) The RC may terminate any round or the event when, in its opinion, it is impractical to attempt to hold the remainder of matches under the existing conditions or in the remaining time scheduled.
Early stages may be terminated in favour of later stages.
- (b) Add RRS C10.3 (b): 'When a single round robin is terminated before completion, or a multiple round robin is terminated during the first round robin, the highest score shall be determined as the average points scored per match sailed by each competitor, unless one or more competitor has completed less than one third of the scheduled matches when the entire round robin shall be disregarded and if necessary the event declared void.'
- 8.6 The intended time of the first attention signal each day is 0924hrs.

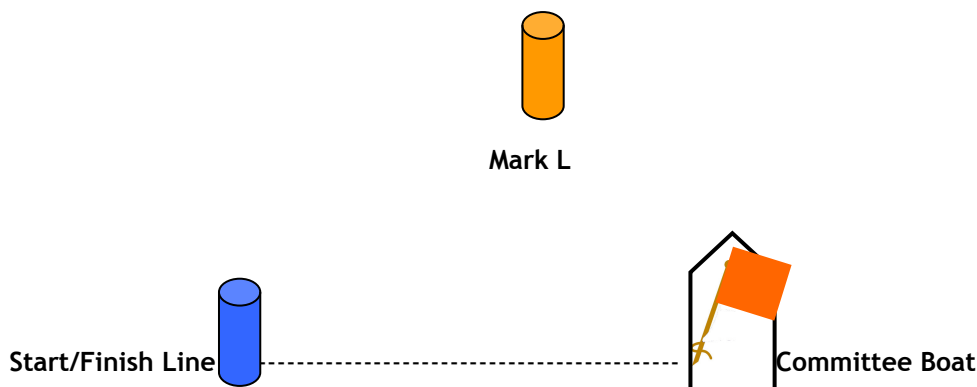
- 8.7 Each subsequent flight will be started as soon as practicable after the previous flight. A flight may be started before all matches in the previous flight are finished.
- 8.8 When a match cannot start at its intended time, the signals and starts of the following matches will remain as originally scheduled, leaving a blank start for the pair not starting. No starting sequence flags will be displayed for a blank start.
- 8.9 When, in a knock out series, a winner of a particular series has been determined, subsequent starts shall be brought forward to eliminate blank starts. Competitors will be so advised verbally by an umpire.

9.0 RACING AREA

The racing area will be on the Waitemata Harbour.

10.0 COURSE

10.1 (a) Course Configuration (not to scale)



- (b) **Course signals and course to be sailed.**
 Course signals will be displayed from the RC boat at or before the warning signal.
Green flag flown from the bow of the Committee boat: Start-W-L-W-Finish. (Marks to Starboard).
Red flag flown from the bow of the Committee boat: Start-W-L-W- Finish. (Marks to Port).
- (c) **Description of Marks**
 The RC boat will be identified by an Orange Flag flown from her main flagstaff.
 The starting/finishing line mark will be a Blue inflatable mark.
 Mark W MAY BE A RED, YELLOW with a BLACK band, BLACK with WHITE band or GREEN Inflatable Mark.
 Mark L will be an Orange inflatable Mark.

- (d) Mark W will be identified and signaled from the Committee boat by flying a flag the same colour as the mark from a halyard near the stern of the boat. i.e.: If a Yellow flag with a black band is flown then Mark W will be the Yellow buoy with a Black band. Black flag with White Band = Black buoy with WHITE band. Green flag = Green buoy. Red flag = Red buoy.
- (e) When an offset mark is to be rounded it will be signaled by the flying of code flag V below the mark W flag on the halyard near the stern of the Committee boat. Boats shall round mark W and then the next mark to either port or starboard of that mark as in SI 10.1(b).
Note: The race committee may leapfrog dormant marks during racing, which may then become active with a code flag C in accordance with SI 13.1.

10.2 Starting/Finishing Line

- (a) The starting/finishing line will be a straight line between the course side of a starting/finishing mark and the staff with an Orange Flag on the RC boat.

10.3 Course Limits

- (a) While racing no part of a boat shall sail inside the areas as described below:
 - (i) North Side of Harbour: Yachts while racing shall pass on the channel side of all permanently moored small craft in the designated small craft mooring area to the east and west of Northcote Point.
 - (ii) South Side of Harbour: Yachts while racing shall not sail inside the area known as the Westhaven Boat Harbour, the limit of which is defined by a line representing the extension of the seaward side of the breakwater rock wall.
- (b) These areas shall rank as obstructions and are the limit of safe pilotage for the purposes of Part 2 of the RRS.
- (c) There is no penalty for touching objects defining these areas.
- (d) A breach of this sailing instruction is not open to protest by boats but is subject to action by umpires in accordance with RRS C8.2. (This changes RRS C6.2 and C8.2).

10.4 Spinnaker Restriction

- (a) A boat shall not have the head of the spinnaker above the main boom gooseneck on a leg of the course between mark W and the offset mark if being used, until her bow is within two boat lengths of the mark at the end of the leg.
- (b) A breach of this sailing instruction is not open to protest by boats but is subject to action by umpires in accordance with RRS C8.2. (This changes RRS C6.2 and C8.2).
- (c) See also SI 1.5.

10.5 Abandonment and Shortening

- (a) RRS 32 is deleted and replaced with: 'After the starting signal the RC may abandon or shorten any match for any reason, after consulting with the match umpires when practical.'
- (b) Within a flight, when a visual signal is displayed over a numeral pennant, the signal applies only to that match.

11.0 BREAKDOWN and TIME FOR REPAIRS

11.1 Before the attention signal of a flight or within two minutes of finishing, whichever is later, a boat may display a Green Flag to signal breakdown or damage to the boat, her sails or injury to her crew and request a delay to the next start. She shall proceed as soon as possible to close to leeward of the RC boat and remain there, unless otherwise directed.

11.2 The time allowed for repairs shall be at the discretion of the RC.

11.3 After the attention signal of a flight, a match will not be postponed or abandoned due to breakdown unless the breakdown signal was displayed as required by SI 11.1.

11.4 Except when RRS 62.1(b) applies, failure to effect repairs in the time allowed, or breakdowns after the attention signal shall not be grounds for redress. This changes RRS 62.

12.0 STARTING PROCEDURE

Races will be started as follows:

6 Minutes	Flag F Displayed	Multi Horns	Attention Signal
5 Minutes	Flag F Removed Numeral Pennant Displayed	1 Sound	Warning Signal
4 Minutes	Flag P Displayed	1 Sound	Preparatory Signal
2 Minutes	Blue or Yellow Flag, or Both Displayed *	1 Sound	End of Pre-Start Entry Time
0 Minutes	Warning & Preparatory Signals Removed	1 Sound	Starting Signal

This changes Appendix C3.1

* These flags shall only be made if one or both boats fail to comply with rule C4.2. The flag(s) shall be displayed until the umpires have signaled a penalty or for one minute, whichever is earlier.

13.0 CHANGE OF POSITION OF THE WINDWARD MARK

13.1 Changes to the course will be made as follows

- (a) Code Flag C and a coloured flag means: Mark W has been replaced by the Change mark that corresponds to the coloured flag.
- (b) Coloured Flags: Red flag signifies the Red Mark.
Black with a White band flag signifies the Black Mark with a White band.
Yellow with a Black band flag signifies the Yellow Mark with a Black band.
Green flag signifies the Green Mark.

If an offset mark is being used for the first windward leg, a change of course for the second windward leg will be signaled as in 13.2 (b) and the offset mark will be the next mark 'after' the windward mark to either starboard or port depending on the course direction.

13.2 Signaling vessel

- (a) When a change of course is made for the first leg, the signal shall be displayed from the RC boat with the preparatory signal for each mark affected. The preparatory signal shall be followed by a series of repetitive sound signals. Code flag C will be flown from the bow of the RC boat and the coloured flag of the new mark W (and Code flag "V" if an offset course is being used) will be flown from a halyard near the stern of the RC boat.
- (b) When a change of course is signaled after the first leg it shall be displayed from a boat in the vicinity of mark L by the flying of code flag C and a flag the same colour as the new windward mark and Code flag V, if an offset course is being used. This will be accompanied by a series of repetitive sound signals.

14.0 TIME LIMIT

A boat that does not finish within 5 minutes after her opponent has completed the course and finished will be scored DNF. This changes RRS 35 and A5.

15.0 COACH BOATS

Clause 15 of the Notice of Race applies.

16.0 MEDIA, IMAGES and SOUND

The OA shall have the right to use any images and sound recorded during the event free of charge.

17.0 PRIZES

- (a) The principal trophy for first place will be the Leith Mossman Memorial Trophy.

The OA may reduce a prize in the case of misconduct or refusal to comply with any reasonable request, including attendance at official functions.

18.0 CODE of CONDUCT

- (a) Competitors shall comply with any reasonable request from any official, including attendance at official functions, co-operation with event sponsors and shall not behave so as to bring the event into disrepute.
- (b) Competitors shall handle the boats and equipment with proper care and seamanship and in accordance with SI Appendices C and D.
- (c) The penalty for breaking this SI is at the discretion of the PC and may include exclusion from further participation in the event, the withdrawal of any prize money or the withholding of deposits.

19.0 DISCLAIMER

All those taking part in RNZYS races or any other sailing events controlled by the RNZYS, as between the RNZYS and each of those so taking part, do so at their own risk and responsibility and the RNZYS has no liability for any damage, loss or any penalty suffered by any boat crew or any other person taking part in such events. The RNZYS is not responsible for the sea-worthiness of a boat whose entry is accepted and/or the sufficiency and/or adequacy of its equipment or the competence of its skipper or crew. The RNZYS reserves the right in its sole and uncontrolled discretion to refuse any entry.

Date of Issue **26/03/2009**

Sailing Instruction version: 1

Sailing Instruction APPENDIX A - Skippers List

1.	Katie Spithill	AUSKS1
2.	Jessica Smyth	NZLJS1
3.	Samantha Osborne	NZLSO1
4.	Amanda Scrivenor	AUSAS17
5.	Jan Dawson	NZLJD2
6.	Stephanie Hazard	NZLSH3
7.	AnneMarie Waugh	NZLAW2
8.	Hannah Morris	NZLHM1
9.	Kim Stuart	USAKS25
10.	Miranda Powrie	NZLMP1

Pairing lists will be provided at the daily briefings.

Sailing Instruction APPENDIX B - FORMAT and SCHEDULE OF RACES

A. FORMAT

FIRST STAGE - ROUND ROBINS

1. (a) All skippers will sail a double round robin - each skipper sails each other skipper twice.
(b) The four highest scoring skippers shall qualify for the next stage.

2. SEMI-FINALS

- (a) The skipper finishing first in the qualifying round robins shall select her opponent when requested by the RC to do so. The remaining two skippers shall race each other.
The port or starboard entry shall be decided by the toss of a coin.
- (b) The first skipper to score at least two points shall proceed to the next stage. The losing skipper proceeds to the Third and Fourth Place Final.

3. FIFTH TO TENTH PLACES

The fifth and sixth place getters from the round robins shall race each other for places 5 & 6. The seventh and eighth place getters from the round robins shall race each other for places 7 & 8. The ninth and tenth place getters from the round robins shall race each other for places 9 & 10. The first skipper from each match to score at least 2 points shall be awarded the higher placing.

4. PETIT FINAL (Placings 3 & 4)

- (a) The port or starboard entry shall be decided by the toss of a coin.
- (b) The first skipper to score at least two points shall be awarded third place.

5. FINALS (Placings 1 & 2)

- (a) The port or starboard entry shall be decided by the toss of a coin.
- (b) The first skipper to score at least three points shall be the winner.

B. SCHEDULE OF EVENTS

Thursday	26 March	0900 - 1800	Registration	RNZYS Sailing Office
		1200 - 1600	Practice	
		1800	First Briefing	Commodores Room
		1830	Meeting with umpires	Commodores Room
Friday	27 March	0815	Briefing	Commodores Room
		0930	Racing Starts	
		1600 (approx)	Debriefing	Commodores Room
			Post racing	Members Bar
Saturday	28 March	0815	Briefing	Commodores Room
		0930	Racing Starts	
		1600 (approx)	Debriefing	Commodores Room
			Post racing	Members Bar
Sunday	29 March	0815	Briefing	Commodores Room
		0930	Racing Starts	
		1600 (approx)	Prizegiving	Members Bar
			Drinks & Complimentary Food	

This schedule may be altered at the discretion of the RC.

APPENDIX C - HANDLING THE YACHTS

1.0 GENERAL

While all reasonable steps are taken to equalise the boats variations will not be grounds for redress. (Amends Rule 62).

2.0 PROHIBITED ITEMS and ACTIONS

Except in an emergency or in order to prevent damage or injury, or when directed by an umpire otherwise, the following are prohibited:

- 2.1 Any additions, omissions or alterations to the equipment supplied.
- 2.2 The use of any equipment for a purpose other than that intended.
- 2.3 The replacement of any equipment without the sanction of the RC.
- 2.4 Sailing the boat in a manner that it is reasonable to predict that significant further damage would result.
- 2.5 Moving equipment from its normal stowage position except when being used.
- 2.6 Boarding a boat without prior permission.
- 2.7 Taking a boat from its berth or mooring without having paid the required damage deposit or having permission from the RC, or, on race days, while "AP" is displayed ashore.
- 2.8 Hauling out a boat or cleaning surfaces below the waterline.
- 2.9 Using a flattener as a reef.
- 2.10 Attaching lines to the fabric of spinnakers.
- 2.11 Perforating sails, even to attach tell tales.
- 2.12 Adjusting or altering the tension of standing rigging.
- 2.13 Using a reef line as an outhaul.
- 2.14 Omitting any headsail car or turning block before sheeting onto a winch.
- 2.15 The use of electronic instruments other than compass and watches.
- 2.16 Using the spinnaker pole to wing out the foresail.
- 2.17 Using a winch to adjust the mainsheet.
- 2.18 Cross winching foresail sheets.
- 2.19 Radio transmission (including mobile telephones), except to report damage or in response to a request from the RC.
- 2.20 Marking directly on the hull or deck with permanent ink.
- 2.21 The use of shrouds (including any inner shrouds) above the lower bottle screw (turnbuckle) to facilitate tacking or gybing, or to aid the projection of a crew member outboard is prohibited.

3.0 PERMITTED ITEMS and ACTIONS

The following are permitted:

- 3.1 Taking on board the following equipment:
 - (a) basic hand tools
 - (b) adhesive tape
 - (c) line (elastic or otherwise of 4mm diameter or less)
 - (d) marking pens
 - (e) tell tail material
 - (f) watch, timers and hand held compass
 - (g) shackles and clevice pins
 - (h) velcro tape
 - (i) spare flags

Such items shall NOT include:

 - winch handles
 - spare battens
 - additional running gear
 - non skid tape
 - heavy tools

or any other items which allow the crew to make any adjustments to the standard equipment of the boat as presented. eg. barber haulers and jib leads.
- 3.2 Using the items in 3.1 to:
 - (a) prevent fouling of lines, sails and sheets
 - (b) attach tell tails
 - (c) prevent sails being damaged or falling overboard

- (d) mark control settings
- (e) make minor repairs and permitted adjustments
- (f) make signals as per Appendix C6

- 3.3 No beaching or underwater cleaning is permitted (other than that carried out by the OA).
- 3.4 At the completion of racing each day, the skipper shall be responsible for leaving the yacht in the same condition and state of cleanliness as when he first boarded it. Markings other than on tape are prohibited and all such tape shall be removed and the surface cleaned.

4.0 MANDATORY ITEMS and ACTIONS:

The following shall be mandatory:

- 4.1 The completion of a written damage report before leaving a boat and submitting it to the RC, even if no damage or loss is recorded. To be returned to the Event Manager.
- 4.2 At the end of each sailing day:
- (a) folding, bagging and placement of the sails as directed.
 - (b) leaving the boat in the same state of cleanliness as when first boarded that day.
- 4.3 At the end of the each day the crew shall clean the boat (cabin and decks), remove all trash and remove all tape marks.
- 4.4 Any request to alter, in any way, the equipment on a boat shall be in writing and worded to permit a yes/no answer.
- 4.5 Compliance with any regulations, including speed restrictions and navigation marks, while leaving or returning to the berth or mooring. Boats shall not be sailed inside the Westhaven Marina
- 4.6 Infringement of items 4.2 and 4.3 will be considered as damage and the cost of rectification will be deducted from the damage deposit.

5.0 SAFETY

Competitors shall provide their own approved Buoyancy Aids which shall be worn at all times whilst racing. All yachts are provided with and shall carry at all times the following items: A tow rope not less than twice the length of the boat and a 4 litre bucket.

Appendix D. EQUIPMENT LIST

SAILS and EQUIPMENT

Mainsail and set of battens	1
Genoa with attached sheets	1
Spinnaker	1
Spinnaker sheet	1
Spinnaker blocks	2
Tweaker blocks and sheets	2
Cunningham	1
Bow line	1
Tiller extension	1
Bucket	1
Fender	1